

| Klasse | Jahrgang | Name Vorname | Verein | Leistung | Platz |
|---------------------|----------|-------------------------|--------------------------------|----------|-------|
| Kugelstoßen | | | | | |
| M 12 | 2011 | Julius Deitmer | LAV Gau-Algesheim | 5,36 m | 1 |
| | 2011 | Ferdinand Große Liesner | LAV Gau-Algesheim | 5,32 m | 2 |
| U 18 | 2007 | Lukas Holzner | USC Mainz | 11,61 m | 1 |
| | 2006 | Julian Holzner | USC Mainz | 11,59 m | 2 |
| Männer | 1994 | Timo Hanschke | TuS Saulheim | 15,45 m | 1 |
| | 2001 | Bastian Küver | ABC Ludwigshafen | 13,96 m | 2 |
| | 1996 | Pascal Zimmer | TuS Bornheim | 12,64 m | 3 |
| | 2001 | Jonas Reichel | LG Rheinfrost | 8,47 m | 4 |
| M 55 | 1968 | Andreas Rehn | TV Gimsheim | 11,82 m | 1 |
| M 60 | 1959 | Peter Purdack | TV Bürstadt | 11,51 m | 1 |
| | 1959 | Reinhard Eckel | TV Bürstadt | 10,89 m | 2 |
| M 65 | 1954 | Uwe Luszick-Gahlen | SG Walldorf Astoria | 9,72 m | 1 |
| | 1958 | Uwe Tittelbach | VT Zweibrücken | 7,61 m | 2 |
| M 70 | 1950 | Harald Steinberg | TSG Heidesheim | 9,21 m | 1 |
| M 75 | 1945 | Torsten Lange | RKS Phönix Mutterstadt | 9,50 m | 1 |
| | 1946 | Helmut Hessert | TSV Schott Mainz | 9,17 m | 2 |
| M 85 | 1935 | Manfred Reichel | TV Jahn Siegen | 7,25 m | 1 |
| | 1937 | Heinz Janson | TV Gross-Gerau | 7,08 m | 2 |
| | 1936 | Erich Kreit | TuS Gabsheim | 6,47 m | 3 |
| | 1936 | Josef Steffes | TG Worms | 6,46 m | 4 |
| W 13 | 2010 | Charlotte Hessert | LAV Gau-Algesheim | 7,49 m | 1 |
| | 2010 | Anna Lena Wilhelm | LAV Gau-Algesheim | 6,61 m | 2 |
| | 2010 | Emma Kalbhenn | LAV Gau-Algesheim | 6,19 m | 3 |
| W 14 | 2009 | Sophie Deitmer | LAV Gau-Algesheim | 9,49 m | 1 |
| | 2009 | Annabell Sauer | LAV Gau-Algesheim | 8,00 m | 2 |
| W 15 | 2008 | Leni Hellinger | LAV Gau-Algesheim | 8,64 m | 1 |
| W U18 | 2007 | Roberta Tintea | TV Wahlheim | 10,45 m | 1 |
| Frauen | 2001 | Alexa Mechler | TuS Saulheim | 9,12 m | 1 |
| | 2003 | Katharina Hassemer | TV Nieder-Ingelheim | 8,00 m | 2 |
| W 35 | 1984 | Franziska Zirinig | LG Bad Soden/Sulzheim/Neuenhai | 7,72 m | 1 |
| W 40 | 1980 | Anne Reuschenbach | LG Bad Soden/Sulzheim/Neuenhai | 9,63 m | 1 |
| W 50 | 1972 | Bettina Schardt | MTG Mannheim | 9,88 m | 1 |
| | 1970 | Stephanie Harrendorf | TuS Saulheim | 9,84 m | 2 |
| | 1969 | Katrin Niggul | SV Kirchheimbolanden | 9,80 m | 3 |
| W 55 | 1966 | Ellen Weller | MTG Mannheim | 10,50 m | 1 |
| | 1965 | Doris Hofrichter | TSG Heidesheim | 7,48 m | 2 |
| W 70 | 1951 | Karin Schmitt | USC Mainz | 8,13 m | 1 |
| | 1953 | Brigitte Lemence | LG Bad Soden/Sulzheim/Neuenhai | 5,68 m | 2 |
| W 80 | 1939 | Ingrid Schäfer | LG Main Taunus West | 6,80 m | 1 |
| Diskuswerfen | | | | | |
| M 12 | 2011 | Michael Wüster | LAV Gau-Algesheim | 10,78 m | 1 |
| U 18 | 2006 | Julian Holzner | USC Mainz | 33,52 m | 1 |
| | | Lukas Holzner | USC Mainz | 32,77 m | 2 |
| U 20 | 2005 | Jerome Schwager | TV Rheinzabern | 50,31 m | 1 |
| Männer | 1994 | Timo Hanschke | TuS Saulheim | 48,10 m | 1 |
| | 2003 | Benjamin Küver | ABC Ludwigshafen | 40,29 m | 2 |
| | 1996 | Pascal Zimmer | TuS Bornheim | 38,57 m | 3 |

| Klasse | Jahrgang | Name Vorname | Verein | Leistung | Platz |
|---------------------|----------|---------------------|--------------------------------|----------|-------|
| | 2001 | Bastian Küver | ABC Ludwigshafen | 38,09 m | 4 |
| | 2001 | Jonas Reichel | LG Rheinfrost | 22,99 m | 5 |
| Diskuswerfen | | | | | |
| M 55 | 1968 | Andreas Rehn | TV Gimbsheim | 32,83 m | 1 |
| M 60 | 1959 | Peter Purdack | TV Bürstadt | 38,53 m | 1 |
| | 1962 | Andreas Horle | TG Worms | 37,32 m | 2 |
| | 1959 | Reinhard Eckel | TV Bürstadt | 33,31 m | 3 |
| M 65 | 1957 | Aleksandar Dundik | DJK Aschaffenburg | 36,29 m | 1 |
| | 1954 | Uwe Luszick-Gahlen | SG Walldorf Astoria | 30,56 m | 2 |
| | 1958 | Uwe Tittelbach | VT Zweibrücken | 21,70 m | 3 |
| M 70 | 1950 | Harald Steinberg | TSG Heidesheim | 28,99 m | 1 |
| M 75 | 1946 | Helmut Hessert | TSV Schott Mainz | 28,65 m | 1 |
| | 1945 | Torsten Lange | RKS Phönix Mutterstadt | 22,24 m | 2 |
| M 85 | 1937 | Heinz Janson | TV Gross-Gerau | 18,43 m | 1 |
| | 1935 | Manfred Reichel | TV Jahn Siegen | 17,14 m | 2 |
| | 1936 | Josef Steffes | TG Worms | 15,84 m | 3 |
| | 1936 | Erich Kreit | TuS Gabsheim | 14,92 m | 4 |
| W 13 | 2010 | Charlotte Hessert | LAV Gau-Algesheim | 20,49 m | 1 |
| | 2010 | Anna Lena Wilhelm | LAV Gau-Algesheim | 18,04 m | 2 |
| W 14 | 2009 | Yolanda Dröge | TV Alzey | 18,67 m | 1 |
| | 2009 | Annabell Sauer | LAV Gau-Algesheim | 17,49 m | 2 |
| | 2009 | Jelena Röhrig | LAV Gau-Algesheim | 14,55 m | 3 |
| W 15 | 2008 | Leni Hellinger | LAV Gau-Algesheim | 19,07 m | 1 |
| | 2008 | Annabelle Schwager | TV Rheinzabern | 18,27 m | 2 |
| W U18 | 2007 | Roberta Tintea | TV Wahlheim | 23,41 m | 1 |
| W 35 | 1987 | Jennifer Schwager | TV Rheinzabern | 30,98 m | 1 |
| | 1984 | Franziska Zirnig | LG Bad Soden/Sulzheim/Neuenhai | 21,60 m | 2 |
| W 40 | 1980 | Anne Reuschenbach | LG Bad Soden/Sulzheim/Neuenhai | 30,69 m | 1 |
| W 50 | 1972 | Bettina Schardt | MTG Mannheim | 39,81 m | 1 |
| | 1969 | Katrin Niggul | SV Kirchheimbolanden | 25,90 m | 2 |
| W 55 | 1964 | Christune Ecker | LA Team Saar | 36,95 m | 1 |
| | 1964 | Margret Klein-Raber | LC Rehlingen | 29,05 m | 2 |
| | 1966 | Ellen Weller | MTG Mannheim | 28,63 m | 3 |
| | 1965 | Doris Hofrichter | TSG Heidesheim | 17,93 m | 4 |
| W 65 | 1966 | Elke Herzig | LG Kurpfalz | 25,50 m | 1 |
| W 70 | 1951 | Karin Schmitt | USC Mainz | 19,96 m | 1 |
| | 1953 | Brigitte Lemence | LG Bad Soden/Sulzheim/Neuenhai | 12,74 m | 2 |
| W 80 | 1939 | Ingrid Schäfer | LG Main Taunus West | 14,13 m | 1 |
| Hammerwerfen | | | | | |
| M 65 | 1957 | Aleksandar Dundik | DJK Aschaffenburg | 37,37 m | 1 |
| | 1954 | Uwe Luszick-Gahlen | SG Walldorf Astoria | 28,41 m | 2 |
| | 1958 | Uwe Tittelbach | VT Zweibrücken | 19,25 m | 3 |
| M 70 | 1950 | Harald Steinberg | TSG Heidesheim | 31,68 m | 1 |
| M 75 | 1946 | Helmut Hessert | TSV Schott Mainz | 28,14 m | ! |
| | 1945 | Torsten Lange | RKS Phönix Mutterstadt | 27,01 m | 2 |
| M 85 | 1937 | Heinz Janson | TV Gross-Gerau | 26,08 m | 1 |
| | 1936 | Josef Steffes | TG Worms | 24,26 m | 2 |
| | 1935 | Manfred Reichel | TV Jahn Siegen | 22,42 m | 3 |

| Klasse | Jahrgang | Name Vorname | Verein | Leistung | Platz |
|---------------------|----------|-------------------------|--------------------------------|----------|-------|
| | 1936 | Erich Kreit | TuS Gabsheim | 15,68 m | 4 |
| W 15 | 2008 | Beatrice Schwager | TV Rheinzabern | 22,81 m | 1 |
| | 2008 | Lea Schwager | TV Rheinzabern | 22,80 m | 2 |
| W 35 | 1984 | Franziska Zirnig | LG Bad Soden/Sulzheim/Neuenhai | 24,13 m | 1 |
| Hammerwerfen | | | | | |
| W 40 | 1980 | Anne Reuschenbach | LG Bad Soden/Sulzheim/Neuenhai | 34,99 m | 1 |
| | 1980 | Melanie Berg | LG Rheinfront | 27,32 m | 2 |
| W 50 | 1972 | Bettina Schardt | MTG Mannheim | 43,62 m | 1 |
| | 1969 | Katrin Niggul | SV Kirchheimbolanden | 32,66 m | 2 |
| W 55 | 1964 | Margret Klein-Raber | LC Rehlingen | 40,94 m | 1 |
| | 1966 | Ellen Weller | MTG Mannheim | 35,88 m | 2 |
| | 1964 | Christune Ecker | LA Team Saar | 31,79 m | 3 |
| | 1965 | Doris Hofrichter | TSG Heidesheim | 17,04 m | 4 |
| W 65 | 1956 | Elke Herzig | LG Kurpfalz | 37,45 m | 1 |
| W 70 | 1953 | Brigitte Lemence | LG Bad Soden/Sulzheim/Neuenhai | 14,14 m | 1 |
| W 80 | 1939 | Ingrid Schäfer | LG Main Taunus West | 21,05 m | 1 |
| Speerwerfen | | | | | |
| M 12 | 2011 | Julius Deitmer | LAV Gau-Algesheim | 16,14 m | 1 |
| | 2011 | Ferdinand Große Liesner | LAV Gau-Algesheim | 13,20 m | 2 |
| | 2011 | Michael Wüster | LAV Gau-Algesheim | 10,30 m | 3 |
| U 18 | 2006 | Julian Holzner | USC Mainz | 41,05 m | 1 |
| Männer | 2001 | Jonas Reichel | LG Rheinfront | 33,79 m | 1 |
| M 55 | 1968 | Andreas Rehn | TV Gimbsheim | 26,41 m | 1 |
| M 60 | 1959 | Peter Purdack | TV Bürstadt | 32,62 m | 1 |
| M 65 | 1954 | Uwe Luszick-Gahlen | SG Walldorf Astoria | 23,06 m | 1 |
| | 1958 | Uwe Tittelbach | VT Zweibrücken | 22,46 m | 2 |
| M 70 | 1950 | Harald Steinberg | TSG Heidesheim | 22,84 m | 1 |
| M 75 | 1946 | Helmut Hessert | TSV Schott Mainz | 33,41 m | 1 |
| | 1945 | Torsten Lange | RKS Phönix Mutterstadt | 14,66 m | 2 |
| M 85 | 1937 | Heinz Janson | TV Gross-Gerau | 16,56 m | 1 |
| | 1935 | Manfred Reichel | TV Jahn Siegen | 11,60 m | 2 |
| | 1936 | Josef Steffes | TG Worms | 10,67 m | 3 |
| | 1936 | Erich Kreit | TuS Gabsheim | 8,66 m | 4 |
| W 13 | 2010 | Charlotte Hessert | LAV Gau-Algesheim | 19,46 m | 1 |
| | 2010 | Emma Kalbhenn | LAV Gau-Algesheim | 15,29 m | 2 |
| | 2010 | Anna Lena Wilhelm | LAV Gau-Algesheim | 12,34 m | 3 |
| W 14 | 2009 | Sophie Deitmer | LAV Gau-Algesheim | 20,72 m | 1 |
| | 2009 | Annabell Sauer | LAV Gau-Algesheim | 15,08 m | 2 |
| | 2009 | Jelena Röhrig | LAV Gau-Algesheim | 14,02 m | 3 |
| W 15 | 2008 | Leni Hellinger | LAV Gau-Algesheim | 25,08 m | 1 |
| W U18 | 2007 | Roberta Tintea | TV Wahlheim | 28,11 m | 1 |
| Frauen | 2001 | Ines Beyerlein | LAZ Zweibrücken | 38,76 m | 1 |
| | 1999 | Nina Schäfer | TuS Saulheim | 28,58 m | 2 |
| | 2003 | Katharina Hassemer | TV Nieder-Ingelheim | 18,76 m | 3 |
| W 35 | 1984 | Franziska Zirnig | LG Bad Soden/Sulzheim/Neuenhai | 23,00 m | 1 |
| W 40 | 1980 | Anne Reuschenbach | LG Bad Soden/Sulzheim/Neuenhai | 30,98 m | 1 |
| W 50 | 1972 | Bettina Schardt | MTG Mannheim | 20,01 m | 1 |
| | 1969 | Katrin Niggul | SV Kirchheimbolanden | 14,53 m | 2 |

| | | | | | |
|------|------|------------------|--------------------------------|---------|---|
| W 55 | 1966 | Ellen Weller | MTG Mannheim | 20,78 m | 1 |
| | 1965 | Doris Hofrichter | TSG Heidesheim | 16,53 m | 2 |
| W 70 | 1951 | Karin Schmitt | USC Mainz | 19,35 m | 1 |
| | 1953 | Brigitte Lemence | LG Bad Soden/Sulzheim/Neuenhai | 10,20 m | 2 |
| W 80 | 1939 | Ingrid Schäfer | LG Main-Taunus West | 8,90 m | 1 |

| Klasse | Jahrgang | Name Vorname | Verein | Leistung | Platz |
|--------------------|----------|--------------------|--------------------------------|----------|-------|
| Gewichtwurf | | | | | |
| M 50 | 1971 | Ralf Drage | TV Alzey | 10,68 m | 1 |
| M 55 | 1968 | Andreas Rehn | TV Gimsheim | 11,62 m | 1 |
| M 65 | 1957 | Aleksandar Dundik | DJK Aschaffenburg | 13,44 m | 1 |
| | 1958 | Uwe Luszick-Gahlen | SG Walldorf Astoria | 9,97 m | 1 |
| | 1958 | Uwe Tittelbach | VT Zweibrücken | 7,73 m | 2 |
| M 70 | 1950 | Harald Steinberg | TSG Heidesheim | 12,25 m | 1 |
| M 75 | 1946 | Helmut Hessert | TSV Schott Mainz | 11,08 m | 1 |
| | 1945 | Torsten Lange | RKS Phönix Mutterstadt | 10,16 m | 2 |
| M 85 | 1937 | Heinz Janson | TV Gross-Gerau | 10,01 m | 1 |
| | 1935 | Manfred Reichel | TV Jahn Siegen | 8,94 m | 2 |
| | 1936 | Erich Kreit | TuS Gabsheim | 8,69 m | 3 |
| | 1936 | Josef Steffes | TG Worms | 8,58 m | 4 |
| W 35 | 1984 | Franziska Zirinig | LG Bad Soden/Sulzheim/Neuenhai | 9,05 m | 1 |
| W 40 | 1960 | Anne Reuschenbach | LG Bad Soden/Sulzheim/Neuenhai | 11,13 m | 1 |
| W 50 | 1972 | Bettina Schardt | MTG Mannheim | 14,91 m | 1 |
| | 1969 | Katrin Niggul | SV Kirchheimbolanden | 11,54 m | 2 |
| W 55 | 1966 | Ellen Weller | MTG Mannheim | 11,81 m | 1 |
| | 1965 | Doris Hofrichter | TSG Heidesheim | 6,50 m | 2 |
| W 65 | 1956 | Elke Herzig | LG Kurpfalz | 13,86 m | 1 |
| W 70 | 1953 | Brigitte Lemence | LG Bad Soden/Sulzheim/Neuenhai | 6,03 m | 1 |
| W 80 | 1939 | Ingrid Schäfer | LG Main Taunus West | 8,88 m | 1 |

| Klasse | Jahrgang | Name | Verein | Punkte | Platz |
|-------------|-------------|---------------------------|------------------------|-------------|----------|
| M 55 | 1968 | Andreas Rehn | TV 1848 Gimbsheim | | 1 |
| | | Kugelstoßen | 11,82 m | 622 | , |
| | | Diskuswerfen | 32,83 m | 593 | |
| | | Speerwerfen | 26,41 m | 375 | |
| | | Hammerwerfen | 0 | 0 | |
| | | Gewichtwerfen | 11,62 m | 623 | |
| | | Summe | | 2213 | |
| M 65 | 1954 | Uwe Luszick-Gahlen | SG Waldorf Astoria | , | 1 |
| | | Kugelstoßen | 9,72 m | 681 | |
| | | Diskuswerfen | 30,56 m | 575 | |
| | | Speerwerfen | 23,06 m | 385 | |
| | | Hammerwerfen | 28,41 m | 539 | |
| | | Gewichtwerfen | 9,97 m | 514 | |
| | | Summe | | 2694 | |
| M 65 | 1958 | Uwe Tittelbach | VT Zweibrücken | | 2 |
| | | Kugelstoßen | 7,61 m | 507 | , |
| | | Diskuswerfen | 21,70 m | 372 | , |
| | | Speerwerfen | 22,46 m | 371 | , |
| | | Hammerwerfen | 19,25 m | 322 | , |
| | | Gewichtwerfen | 7,73 m | 375 | , |
| | | Summe | | 1947 | , |
| M 70 | 1950 | Harald Steinberg | TSG Heidesheim | | 1 |
| | | Kugelstoßen | 9,21 m | 594 | , |
| | | Diskuswerfen | 28,99 m | 605 | , |
| | | Speerwerfen | 22,84 m | 419 | „ |
| | | Hammerwerfen | 31,68 m | 611 | , |
| | | Gewichtwerfen | 12,25 m | 676 | , |
| | | Summe | | 2905 | , |
| M 75 | 1946 | Helmut Hessert | TSV Schott Mainz | | 1 |
| | | Kugelstoßen | 9,17 m | 657 | , |
| | | Diskuswerfen | 28,65 m | 686 | , |
| | | Speerwerfen | 33,41 m | 787 | , |
| | | Hammerwerfen | 28,14 m | 617 | |
| | | Gewichtwerfen | 11,08 m | 656 | |
| | | Summe | | 3403 | |
| M 75 | 1945 | Torsten Lange | RKS Phönix Mutterstadt | | 2 |
| | | Kugelstoßen | 9,50 m | 685 | |
| | | Diskuswerfen | 22,24 m | 501 | |
| | | Speerwerfen | 14,66 m | 268 | |
| | | Hammerwerfen | 27,01 m | 586 | |
| | | Gewichtwerfen | 10,16 m | 592 | |
| | | Summe | | 2632 | |
| M 85 | 1037 | Heinz Janson | TV Gross-Gerau | | 1 |
| | | Kugelstoßen | 7,08 m | 603 | |
| | | Diskuswerfen | 18,43 m | 583 | |
| | | Speerwerfen | 16,56 m | 447 | , |
| | | Hammerwerfen | 26,08 m | 808 | |
| | | Gewichtwerfen | 10,01 m | 704 | |
| | | Summe | | 3145 | |

,

| Klasse | Jahrgang | Name | Verein | Punkte | Platz |
|--------|----------|--------------------------|--------------------------------|--------|----------|
| M 85 | 1935 | Manfred Reichel | TV Jahn Siegen | | 2 |
| | | Kugelstoßen | 7,25 m | 620 | |
| | | Diskuswerfen | 17,14 m | 532 | |
| | | Speerwerfen | 11,60 m | 275 | , |
| | | Hammerwerfen | 22,42 m | 673 | |
| | | Gewichtwerfen | 8,94 m | 616 | |
| | | Summe | | 2716 | |
| M 85 | 1936 | Josef Steffes | TG Worms | | 3 |
| | | Kugelstoßen | 6,46 m | 539 | |
| | | Diskuswerfen | 15,84 m | 482 | |
| | | Speerwerfen | 10,67 m | 243 | |
| | | Hammerwerfen | 24,26 m | 741 | |
| | | Gewichtwerfen | 8,58 m | 586 | |
| | | Summe | | 2591 | |
| M 85 | 1936 | Erich Kreit | TuS Gabsheim | | 4 |
| | | Kugelstoßen | 6,47 m | 540 | |
| | | Diskuswerfen | 14,92 m | 447 | |
| | | Speerwerfen | 8,66 m | 176 | |
| | | Hammerwerfen | 15,68 m | 428 | |
| | | Gewichtwerfen | 8,69 m | 596 | |
| | | Summe | | 2187 | |
| W 35 | 1984 | Franziska Zirnig | § Bad Soden/Sulzheim/Neuenhain | | 1 |
| | | Kugelstoßen | 7,72 m | 399 | |
| | | Diskuswerfen | 21,60 m | 321 | |
| | | Speerwerfen | 23,00 m | 371 | |
| | | Hammerwerfen | 24,13 m | 416 | |
| | | Gewichtwerfen | 9,05 m | 485 | |
| | | Summe | | 1992 | |
| W 40 | 1980 | Anne Reuschenbach | § Bad Soden/Sulzheim/Neuenhain | | 1 |
| | | Kugelstoßen | 9,63 m | 528 | |
| | | Diskuswerfen | 30,69 m | 497 | |
| | | Speerwerfen | 30,98 m | 532 | |
| | | Hammerwerfen | 34,99 m | 673 | |
| | | Gewichtwerfen | 11,13 m | 625 | |
| | | Summe | | 2855 | |
| W 50 | 1972 | Bettina Schardt | MTG Mannheim | | 1 |
| | | Kugelstoßen | 9,88 m | 545 | |
| | | Diskuswerfen | 39,81 m | 679 | |
| | | Speerwerfen | 20,01 m | 312 | |
| | | Hammerwerfen | 43,62 m | 882 | |
| | | Gewichtwerfen | 14,91 m | 881 | |
| | | Summe | | 3299 | |
| W 50 | 1969 | Katrin Niggul | SV Kirchheimbolanden | | 2 |
| | | Kugelstoßen | 9,80 m | 540 | |
| | | Diskuswerfen | 25,90 m | 403 | |
| | | Speerwerfen | 14,53 m | 205 | |
| | | Hammerwerfen | 32,66 m | 618 | |
| | | Gewichtwerfen | 11,54 m | 652 | |
| | | Summe | | 2418 | |

| Klasse | Jahrgang | Name | Verein | Punkte | |
|---------------|-----------------|-------------------------|-------------------------------|---------------|----------|
| W 55 | 1966 | Ellen Weller | MTG Mannheim | | 1 |
| | | Kugelstoßen | 10,50 m | 587 | |
| | | Diskuswerfen | 28,63 m | 456 | |
| | | Speerwerfen | 20,78 m | 327 | |
| | | Hammerwerfen | 35,88 m | 695 | |
| | | Gewichtwerfen | 11,81 m | 670 | |
| | | Summe | | 2735 | |
| W 55 | 1965 | Doris Hofrichter | TSG Heidesheim | | 2 |
| | | Kugelstoßen | 7,48 m | 383 | |
| | | Diskuswerfen | 17,93 m | 252 | |
| | | Speerwerfen | 16,53 m | 244 | |
| | | Hammerwerfen | 17,04 m | 251 | |
| | | Gewichtwerfen | 6,50 m | 317 | |
| | | Summe | | 1447 | |
| W 70 | 1953 | Brigitte Lemence | G Bad Soden SulzheimNeuenhain | | 1 |
| | | Kugelstoßen | 5,68 m | 264 | |
| | | Diskuswerfen | 12,74 m | 158 | |
| | | Speerwerfen | 10,20 m | 121 | |
| | | Hammerwerfen | 14,14 m | 185 | |
| | | Gewichtwerfen | 6,03 m | 287 | |
| | | Summe | | 1015 | |
| W 80 | 1939 | Ingrid Schäfer | LG Main-Taunus West | | 1 |
| | | Kugelstoßen | 6,80 m | 338 | |
| | | Diskuswerfen | 14,13 m | 183 | |
| | | Speerwerfen | 8,90 m | 96 | |
| | | Hammerwerfen | 21,05 m | 344 | |
| | | Gewichtwerfen | 8,88 m | 474 | |
| | | Summe | | 1435 | |

